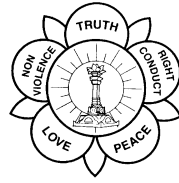


Om Sri Sai Ram



Sathya Sai South Bethesda Center (SSSBC)

Thomas W. Pyle Middle School, 6311 Wilson Lane, Bethesda MD -20817

Roadmap for Vedam chanting lessons

Activity	Teach recitation of Vedas-Sri Rudram
Location	Our Center-main hall
Time	3:15 to 4:15 PM
Duration	60 min
Frequency	Twice a month

Class #	Activity
1	Introduction to Vedas
	Explain and teach the basic intonations with example
	Teach Ganesh prayer-Gananathwam
2	Teach Kshma Mantram
3	Teach Rudram – total of 11 anuvaka's in Sri Rudram-Namakam
n	Complete learning Sri Rudram-Namakam

Please use the link below to get the audio files of Rudram.

<http://www.ssbpt.org/sri-rudram/instructions-to-user.htm>